



# Orientation to Ontario

## LGBTQIA+ PRONOUNS

In the LGBTQ+ community, individuals may use a variety of pronouns beyond the traditional he/she binary. Some people identify with pronouns such as they/them, ze/zir, ey/em, and others. It's crucial to respect and use the pronouns that individuals specify for themselves. Pronouns are a fundamental aspect of someone's gender identity, and using the correct ones helps create a supportive and inclusive environment.

Common pronouns used by individuals in the LGBTQ+ community include:

**He/Him:** Used by individuals who identify as male.

**She/Her:** Used by individuals who identify as female.

**They/Them:** Used by individuals who identify as non-binary, genderqueer, or genderfluid, or who simply prefer not to use gender-specific pronouns.

**Ze/Zir:** An alternative set of pronouns used by some non-binary individuals.

**Ey/Em:** Another set of gender-neutral pronouns that some people use.

It's important to note that the best way to know which pronouns to use for someone is to ask them directly or to listen and respect the pronouns they share. Using correct pronouns is a way to affirm and validate someone's gender identity, promoting a more inclusive and supportive environment for everyone.

### DID YOU KNOW?

Each summer communities across Ontario hold Pride celebrations. LGBTQ Pride is a positive way to fight discrimination, recognize community leaders and advocate and celebrate our diversity and Queer rights achievements. Toronto's Pride Week is one of the largest in the world!

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